

# Occupational health and safety among agriculture workers in Nepal

#### **Dinesh Neupane, PhD**

Assistant Scientist, Department of International Health Johns Hopkins Bloomberg School of Public Health

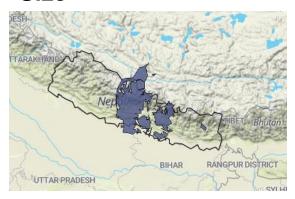
Founding Chair, Nepal Development Society







#### **Size**



Nepal is ~3.4 times bigger

### **Population**

Nepal: 29. 6 million Denmark: 5.8 million

### **GDP** per capita

Nepal: 1155 USD Denmark: 60908



https://www.ifitweremyhome.com/compare/DK/NP

https://www.mylifeelsewhere.com/country-size-comparison/nepal/denmark

World Bank

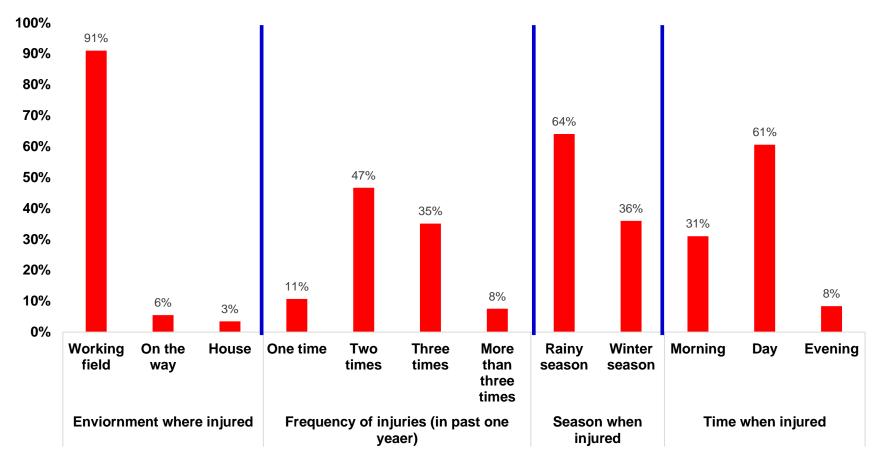
#### **Agriculture sector in Nepal**



- Around 66% of the total population in Nepal.
- \* One-third of the nation's GDP.

### Prevalence of injuries related to farmers in Nepal

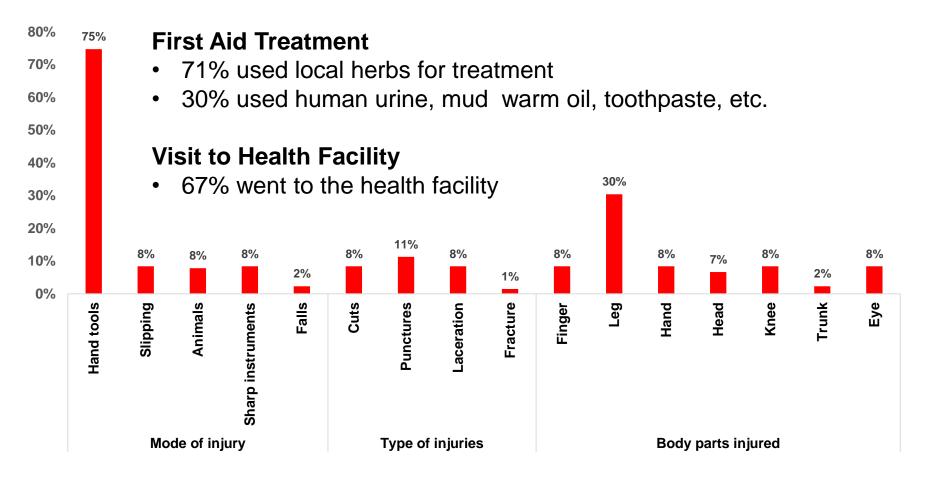
The overall prevalence of work- related injuries among farmers was 69 % in the last 12 months



### Mode of injury, type of injuries and body parts injured

#### Lost work

- 64% took some time off
- Mean # of days lost= 11 days



### **Pesticide Use**

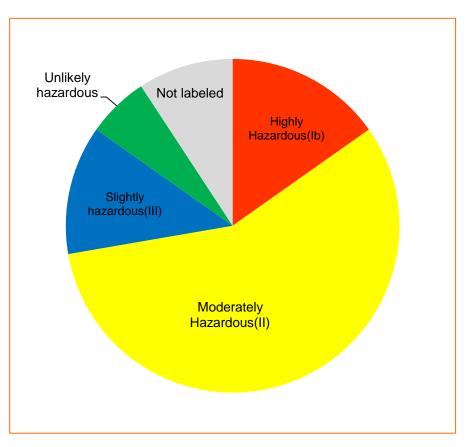


# Type of pesticides

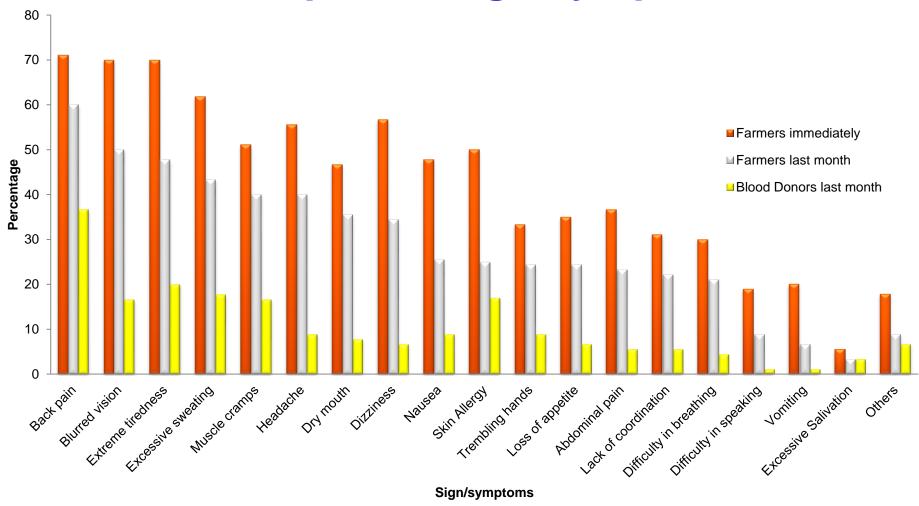
### **Composition**

# Unclassified 7% Others 26% Organophosp hate and carbamates 60% Organochlori ne

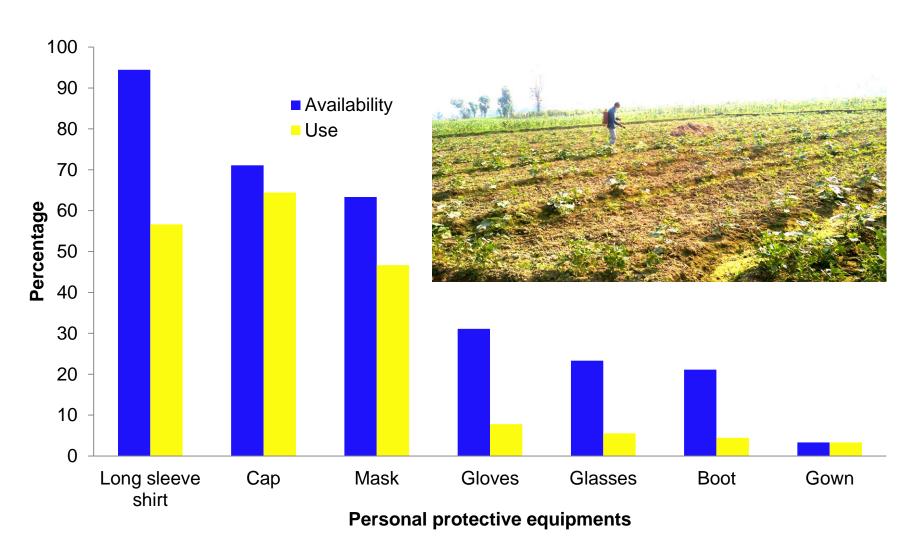
#### **WHO Classification**



# Self-reported sign/symptoms

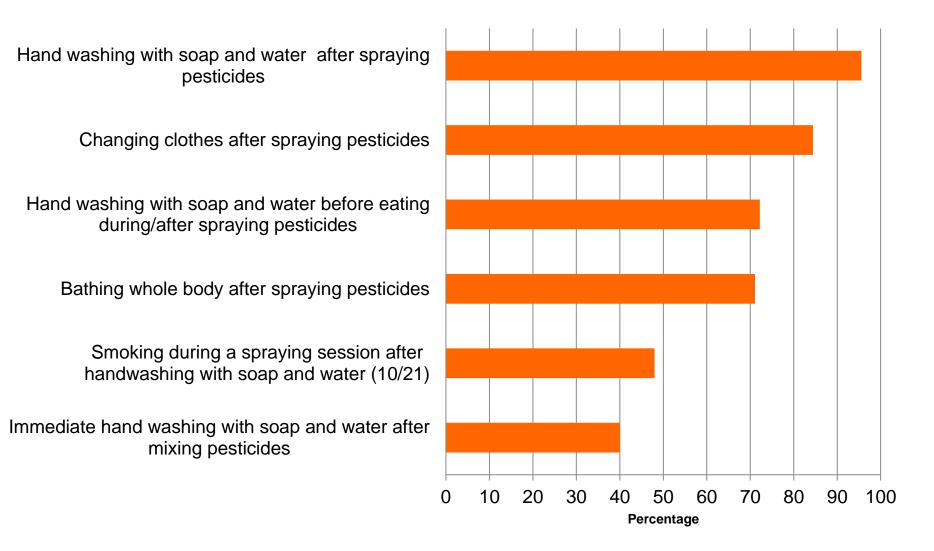


### **Availability and Use of PPE**



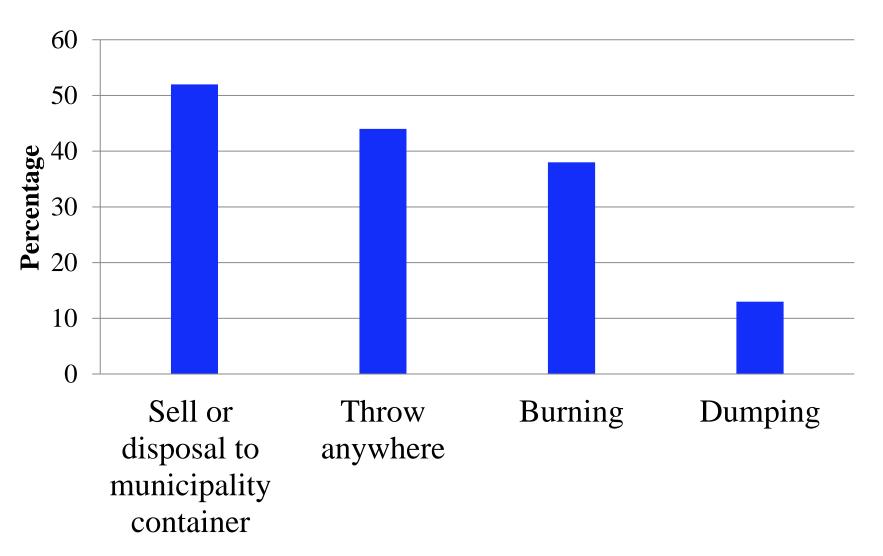
Neupane, D. et al. Environ Health 13, 98

# Personal hygiene practices (N=90)



Neupane, D. et al. Environ Health 13, 98

# Method of disposal



# Estimates of pesticide effect on biomarkers

Models	Model I	Model II
	Unadjusted	Adjusted
AChE (U/mL)	-0.294 (-0.445, -0.142)	-0.143 (-0.268, -0.018)
Q (U/g Hgb)	- 1.130 (-1.965, -0.294)	-1.275 (-2.34, -0.200)

Note: Adjusted for Hb, BMI, Smoking, Alcohol, Chronic Illness and Education

#### Signs/symptoms reported by farmers before and after spraying

VARIABLE	BEFORE SPRAYING (N)	AFTER SPRAYING (N)
Abdominal pain	0	1
Blurred vision	2	8
Breathing difficulties	1	3
Difficulty in speaking	1	1
Dizziness	3	3
Dry mouth	1	8
Excessive salivation	0	0
Excessive sweating	1	8
Extreme tiredness	1	7
Headache	0	3
Lack of coordination	1	1
Loss of appetite	0	1
Muscle cramp	1	2
Nausea	0	0
Others	1	2
Skin allergy	2	3
Trembling hands	1	4
Vomiting	0	0

### Comparaison of biomarkers before and after spraying (N=25)

 BEFORE SPRAYING
 AFTER SPRAYING
 P VALUE

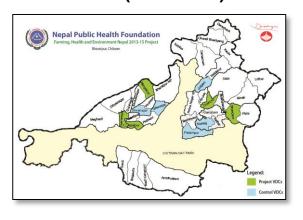
 Mean PChE (SD)
 1.41±0.59
 1.29±0.54
 .0548

 Mean haemoglobin (SD)
 12.59±1.27
 11.93±1.39
 .0049

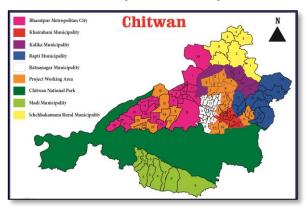
Abbreviation: PChE, plasma cholinesterase.

# Farming, Health and Environment Project

#### Phase I (2013-2015)



#### Phase II (2017-2020)

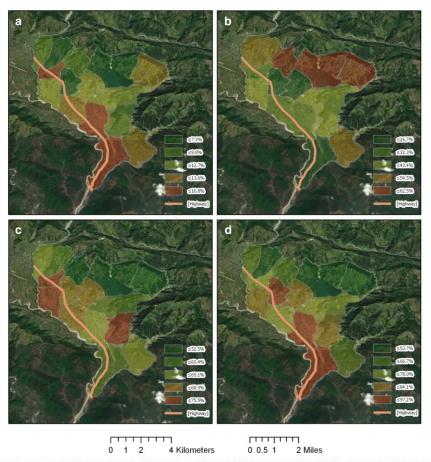


#### Phase III (2021-2024)



### Pesticide and diabetes

Adjusted Odds Ratio 0.68 [0.52; 0.90]



Satellite image sources: Esri, DigitalGlobe, GeoEye, Earthstart Geographics, CNES/Airbus DS, USDA, USGS, AeroGrid, IGN and the GIS User Community. Administrative areas and road source: National Geographic Information Infrastructure

Programme (Kathmandu, Nepal)

Spatial distribution of diabetes mellitus and pesticide exposure in the study area. **a** Percentage of diabetics. **b** Percentage of farmers. **c** Percentage of pesticide-exposed participants (out of all participants). **d** Percentage of pesticide-exposed participants (out of farmers only). Categories are quintiles. To better show what is lowlands and highlands, elevation was exaggerated by a factor of 2.

### **CKDnt**





**Thank You**